

EQUINOX HOLISTICS

Swedish Massage

Using traditional massage techniques to remove muscular aches, improve joint mobility, detoxify and revitalize your body.

Back, Neck & Shoulder	£18.00
Full body	£26.00

Facial Treatments

Full facial	£23.00
--------------------	---------------

Cleanse, Exfoliation, Mask, Tone & Moisturise.

Non-surgical facelift	£28.00
------------------------------	---------------

Special massage technique to relax and tone facial muscles.

Full Facial & Non-surgical facelift	£38.00
--	---------------

Crystal & Spiritual

Crystal Therapy	£16.00
------------------------	---------------

Spiritual Healing	£20.00
--------------------------	---------------

Crystal & Spiritual package	£26.00
--	---------------

Hot Stones Massage

Combining traditional Swedish massage techniques with Hot Stones to melt away tension, eases muscle stiffness, increases circulation and metabolism.

Back, Neck & Shoulder	£24.00
Full body	£32.00

Ear / Head Treatments

Hopi Ear Candling	<i>one person</i>	£15.00
--------------------------	-------------------	---------------

<i>two people</i>	£25.00
-------------------	---------------

Indian head massage	£18.00
----------------------------	---------------



Special massage techniques, its aim is to restore harmony and balance to the body and mind

Contact me for details on Pamper parties, Wedding packages, Birthdays, Mum to be, etc.

"Like" my Facebook page and keep up-to-date with any Special Offers

Daytime, evening and weekend appointments available for your convenience

07427556336

 facebook.com/equinoxholistics  equinoxholistics.weebly.com  equinox.holistics@gmail.com



Make massage a regular part of your well-being routine